



# BREAKFAST MENU

SERVED UNTIL 3pm • ASK ABOUT OUR DAILY SPECIALS • FOR TO-GO ORDERS, CALL (971) 206-1240

**WE PROUDLY SERVE:** Yukon Gold Hashbrowns, 100% Real Maple Syrup, & Pure Agave Nectar

## WORLD FAMOUS WHOLE GRAIN CEREALS

Comes with Milk, Walnuts, Raisins and Brown Sugar

**Cup 3.75 Bowl 4.95**

**Bob's Favorite 10 Grain Cereal**

**Swiss Style Muesli w/ Yogurt (WF)**

**Organic Steel Cut Oats (WF)  
World Champion Oatmeal!**

**Granola (WF)**

### OATMEAL CUPS

**Gluten Free 2<sup>49</sup>**

Classic, Apple Cinnamon, Maple Brown Sugar, or Blueberry Hazelnut

**Gluten Free/Organic 2<sup>79</sup>**

Classic, Pineapple Coconut, Fruit & Seed, or Cranberry Orange

### QUINOA BOWL 7<sup>95</sup>

Power breakfast in a bowl! Quinoa, zucchini, green peppers, black olives, onions, tomato and scrambled eggs

## SIDES

**One Pancake 2.99**

**French Toast Slice 2.99**

**Biscuit or Toast 1.95**

**Hashbrowns 3.25**

**Cheesy Corn Grits  
Cup 3.00 Bowl 4.50**

**One Slice Fried Cheesy Grits 2.25**

**Fruit Cup 3.75**

**Fruit Bowl 5.25**

**Bacon 3.25**

**Ham 3.25**

**Sausage Patty 3.25**

**Vegetarian Sausage\* 3.25**

**Vegan Apple Sage  
Field Roast Sausage\* 4.25**

*\*Note: this product contains wheat*

**Steamed Spinach 3.00**

**One Egg Your Way 2.00**

**Gravy 2.50**

## SPECIALTIES

Add 2 eggs 2.50 • Add choice of meat 2.00 • Add Field Roast sausage 3.00

**French Toast (3 slices) 7.99**

Made with your choice of Challah, 10 grain, or wheat-free bread; and egg or vegan soy batter

**3 Whole Grain Pancakes 7.99 or Belgian Waffle 6.99**

Your choice of buttermilk, 10 grain, or wheat-free vegan batter

**Biscuits & Gravy 5.50**

### CORNERED BEEF HASH 9<sup>49</sup>

Hashbrowns, green peppers, onions and your choice of eggs topped with a horseradish aioli and toast or biscuit

### BREAKFAST SANDWICH 5<sup>99</sup>

2 eggs over hard with Tillamook cheddar on whole wheat toast, served with cheesy grits

## OMELETTES & EGGS

Served with Hashbrowns and your choice of a Biscuit or Toast

**Cheese Omelette 8.49**

Tillamook cheddar and Swiss cheese

**Veggie Omelette 9.49**

Broccoli, mushrooms, onions, green peppers, tomato, Tillamook cheddar, Swiss cheese and Pepperjack

**Ham & Cheese Omelette 9.49**

Ham and Tillamook cheddar

**2 Eggs Your Way 7.49**

- add vegetarian sausage, bacon, ham or sausage patty 2.00
- add Field Roast sausage 3.00

### STEAK & EGG ANY TIME SPECIAL 13<sup>29</sup>

5 oz Top Sirloin & 2 eggs your way with hashbrowns, toast, or a biscuit

## VEGAN OPTIONS

**Tofu Plate 8.99**

Grilled tofu, mushrooms, tomatoes, green peppers, broccoli, onions, vegan cheddar or Italian blend, and toast

**3 Vegan Pancakes 7.99**

with pure maple syrup

**Vegan French Toast 7.99**

with pure maple syrup

**Vegan Hash 6.49**

with grilled mushrooms, onions, and toast

## BREAKFAST COMBOS

Served with a Biscuit or Toast • Add 2 eggs your way 2.50

**Spinach & Cheesy Grits 5.50**

**Fruit Bowl 6.25**

**Fried Cheesy Grits (3 pieces) 5.50**

## BEVERAGES

**Kobos Coffee or Tea 2.29**

**Specialty Espressos**

**Oogave Soda Fountain 2.29**

**Beer & Wine ask for menu**

**BREAD CHOICES:** Whole Wheat, 10 Grain, Rye, English Muffin Bread, Spelt, Sourdough, Wheat Free

SUBSTITUTE AT NO COST: (V) VEGANAISE; (V) VEGAN CHEESE; (V) SMART BALANCE; (WF) WHEAT-FREE BREAD



# LUNCH MENU

SERVED FROM 11am-3pm • ASK ABOUT OUR DAILY SPECIALS • FOR TO-GO ORDERS, CALL (971) 206-1240

## SOUP OF THE DAY

**Cup 3.75**

**Bowl 4.95**

Add roll, cornbread muffin, or biscuit 50¢

**MON** White Bean Chicken Chili or Vegetarian Chili

**TUE** Cheesy Broccoli or Bob's 13 Bean

**WED** Baked Potato or Vegetarian Chili

**THU** Cream of Turkey Noodle or Cannellini Bean w/ Spinach

**FRI** Corn Chowder or Vegetarian Chili

**SAT** Turkey with Brown Rice or Tomato Basil

## SALADS

**Spinach & Quinoa Salad 9.95**  
with tomato, cucumber, red onion, hazelnuts, mint, and a citrus dressing

**Chef Salad 9.95**  
Field greens, ham, turkey, Swiss & Tillamook cheddar cheese, cucumber, tomato and egg

**Large Green Salad 6.50**  
Field greens, mushrooms, green peppers, red onions, tomato and black olives

**Soup & Salad 8.50**

**Side Salad 2.95**  
Field greens, cucumber, tomato & carrot

## GRAIN BOWLS

**Chicken & Brown Rice Bowl 7.95**  
Chicken Breast, brown rice, black olives, green onions and tomatoes with salsa and sour cream on the side

**Meat Free Alternatives:**  
Substitute Grilled Tofu (no charge) or Field Roast Vegan Apple Sage Sausage for 1.00

**Quinoa Bowl 7.95**  
Power lunch in a bowl! Quinoa, zucchini, green peppers, black olives, onions, tomato and scrambled eggs

## SANDWICHES

Served with Multigrain Chips & Kosher Spear on Housemade Bread (WF available)

### FROM THE DELI

Comes with Lettuce, Tomato and Mayo

**Half 4.99 Whole 6.99 Half with Soup or Salad 6.99**

#### Veggie Sandwich

Cream cheese, cucumber, spinach, green pepper, & tomato

**Build Your Own choose one from each category:**

**MEAT:** Roasted Turkey, Ham, Roast Beef, Corned Beef, Pastrami, Egg Salad, Tuna Salad, or Turkey Salad

**CHEESE:** Tillamook Cheddar, Swiss, Pepper Jack, or Provolone

**BREAD:** Whole Wheat, 10 Grain, Rye, Spelt, Sourdough, English Muffin Bread, or Wheat-free (WF)

## HOT OFF THE GRILL

**Cheeseburger 8.99**  
½lb fresh ground chuck w/ chips & a pickle  
• Add Bacon 2.00  
• Substitute at no cost:  
Garden Burger, Turkey Burger

**BLT 7.99**  
Exactly like you remember it, crispy bacon, mayo, lettuce and tomato on grilled whole wheat

**French Dip 8.99**  
House roasted prime rib & Swiss cheese on a sourdough hoagie with hot au jus  
• "Make it a Philly" (add grilled peppers and onions) 1.00

**Turkey Swiss Melt 8.29**  
Swiss cheese, grilled onions & Dijon mustard on whole wheat bread

**Tuna Melt 8.29**  
Albacore salad & Tillamook cheddar on whole wheat bread

**Reuben 8.29**  
Corned beef, sauerkraut, Swiss cheese & 1000 Island on rye

**Meatloaf 8.99**  
Our housemade meatloaf, cheddar cheese and house sauce on sourdough bread

## VEGAN & VEGETARIAN

**Veggie Supreme 8.49**  
Guacamole, black olives, tomatoes, green peppers, sautéed onions and mushrooms, with Provolone & Swiss cheese on 10-grain bread

**Grilled Cheese & Tomato 6.50**  
Tillamook cheddar or vegan cheese & tomatoes on multigrain bread

**Mushroom Gardenburger 8.99**  
Swiss cheese, sautéed mushrooms, lettuce, tomato & mayo on multigrain

**Grilled Tofu Sandwich 8.49**  
Grilled tofu, spinach, guacamole and tomatoes on 10 grain bread

## BEVERAGES

**Kobos Coffee or Tea 2.29**  
**Oogave Soda Fountain 2.29**  
**Specialty Espressos**  
**Beer & Wine ask for menu**

## SIDES

**Baked Potato 3.25**  
includes butter, sour cream & onion  
• add broccoli, chili or steamed veggies 2.00  
• add cheese or bacon bits 50¢ each  
**Fruit Cup 3.75 Fruit Bowl 5.25**

ASK ABOUT OUR INCOMPARABLE BOX LUNCHES AND CATERING

SUBSTITUTE AT NO COST: (V) VEGANAISE; (V) VEGAN CHEESE; (V) SMART BALANCE; (WF) WHEAT-FREE BREAD